

Penny 72 PIRATES



Lincoln opens its doors to the public

Pg. 4

**Vol. 22, issue 44
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Get to know your shipmates...

**MMFN Tanner
Gutierrez**

Hometown:
Wasilla, Ak.

Age: 19

Birthdate:
March 26, 1991

Fav. music: rap

Fav. Hobby:
being active and playing sports

Fav. Movie:
"Gangs of New York"



Photo and information by MC2 Brian Morales

ALSO INSIDE...

Sailors volunteer to preserve Indian Beach. pg.4

Fair winds and following seas to Lt. Cmdr. Ball. pg. 10

Front page photo:

Civilians from the Northwest regions and USS Abraham Lincoln (CVN 72) families and friends visit the ship during an Open House, providing anyone interested in a tour of the hangar bay and flight deck, July 3. (Photo by MCSA Jordon J. Murzyn)

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Synthetic training sharpens Lincoln's warfighting skills

*Story by USS Abraham Lincoln,
Public Affairs*

Abraham Lincoln Strike Group participated in a three-day Fleet Synthetic Training exercise July 7-9 designed to challenge and refine the warfighting skills of its warfare commanders in a virtual environment.

Members from the San Diego-based Tactical Training Group, Pacific (TACTRAGRU) were onboard Abraham Lincoln (CVN 72) to mentor and place stimulus, or injects, into command display modules, which tested the warfare commanders and tactical watchstanders on their decision making abilities and their ability to communicate throughout the strike group.

TACTRAGRU's mission is to provide advanced training to warriors in order to improve their proficiency in war fighting and joint operations by presenting a challenging and timely curriculum designed to stimulate tactical thought and innovation.

"We are exercising the tactical decision makers in a realistic and stressful tactical training environment," said Lt. Cmdr. Mike Weber, a TACTRAGRU member onboard Lincoln for the exercise. "We are pushing the tacticians to make correct decisions within the rules of engagement."

to ensure all strike group communication systems are fine-tuned and ready for extended operations at sea.

"The greatest value in this type of training is that we can do things through simulation that cannot be done through a real-world exercise," Weber said. "An added benefit is that by stressing real-world shipboard display and communications

systems, we are able to identify and fix unforeseen problems while ships are still in their work-up cycle."

"We are pushing the tacticians to make correct decisions within the rules of engagement."

-Lt. Cmdr. Mike Weber

The training encompassed all aspects of naval warfighting in a full-spectrum, tactical environment, from air and sea-space management to over-the-horizon warfare in preparation for Strike Group 9's upcoming scheduled deployment.



Photo by Lt. Cmdr. William Marks
Cmdr. Mike Dickson (left) reviews new tactics and procedures with Lt. Cmdr. Lawrence Repass during the Lincoln Strike Group Fleet Synthetic Training Exercise.

Photo of the week: "Field day at the beach"



Photo by MCSA Adam Randolph

Volunteers from USS Abraham Lincoln (CVN 72) enjoy the day while looking for Spartina at a beach clean-up on Indian Island.

Lincoln Sailors, wildlife experts team up to preserve beach

*Story by MCSA Adam Randolph
Penny Press Staff*

Sailors from USS Abraham Lincoln (CVN 72) participated in a beach cleanup on Indian Island June 24 as part of an effort to restore the natural habitat and curb the spread of invasive grasses on the island.

Equipped with gloves, bags and shovels, Lincoln volunteers spent a full day alongside wildlife experts, combing the shores for invasive grass and washed-up sea debris.

Indian Island Environmental Manager Bill Kalina oversees and monitors the ecological state of Indian Island.

The volunteers helped contribute to a better habitat for indigenous wildlife, said Kalina.

“Bravo zulu to the Lincoln crew for coming

out here today; more folks showed up than we expected and it’s making a big difference,” said Kalina. “We’re doing a two-part project here today, Spartina grass removal, which is an exotic invasive species, and also a beach cleanup, where we’re removing debris off the beach that can entangle marine mammals.”

According to the U.S. Department of Agriculture’s website, Spartina grass, also known as Smooth Cordgrass, is an aggressive weed that displaces native species, destroying habitat and food sources for native fish, waterfowl and other marine life.

Indian Island is home to a number of critical habitat areas for fish and game such as Bull Trout and Bald Eagles, said Kalina.

Navy Region Northwest Senior Biologist George Hart sees the effect Spartina grass has on the tidal salt marshes.

“Spartina is a grass that’s indigenous to the East Coast, and it’s a very invasive species that is considered a noxious weed here on the West Coast. It will out-compete all native floras growing here and literally just wipe them out, so you have nothing but a beach full of Spartina,” said Hart.

Under the expert eyes of Hart and Kalina, Lincoln’s Sailors filled up several trash bags of the pervasive weed.

Along with Spartina removal, Lincoln’s crew also scoured the beach for various debris and trash washed ashore.

“We’re looking for any kind of man-made objects that can be moved that are here on the beach,” said Hart.

Lincoln’s Sailors found many items including old car tires, mooring lines, plastic bottles and rusted metal.

Personnelman Seaman Allison Burns, from Omaha, Neb., said she felt a sense of pride after the clean up.

“I got to meet Sailors from other departments and had fun because I know I played my part in making a difference for our environment,” said Burns.

Hart said the turnout was a big help in preserving the island’s coastal wetlands.

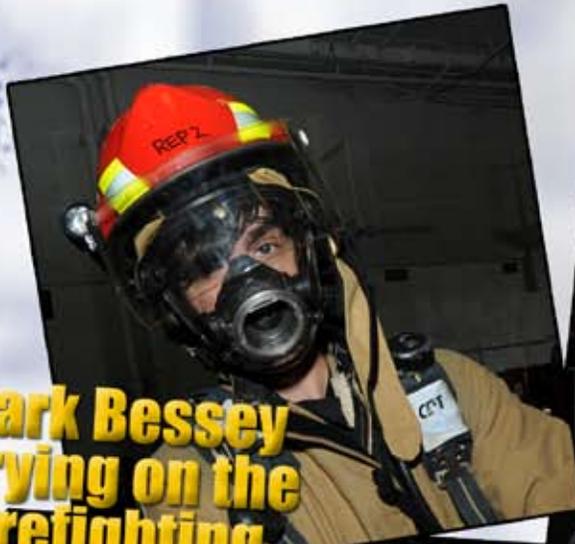
“Anytime you can remove manmade objects from the shoreline it makes a difference to the environment by affording the ecosystem an opportunity to recuperate, so it’s a very positive effect the Sailors are having,” said Hart.



Photo by MCSA Adam Randolph

A group of Sailors from USS Abraham Lincoln (CVN 72) pick Spartina grass from a bed of indigenous Pickleweed during a beach cleanup at Indian Island. The cleanup is part of an effort by local environmentalists to restore the island’s natural habitat.

WHAT WAS YOUR FAVORITE THING ABOUT THE LINCOLN OPEN HOUSE?



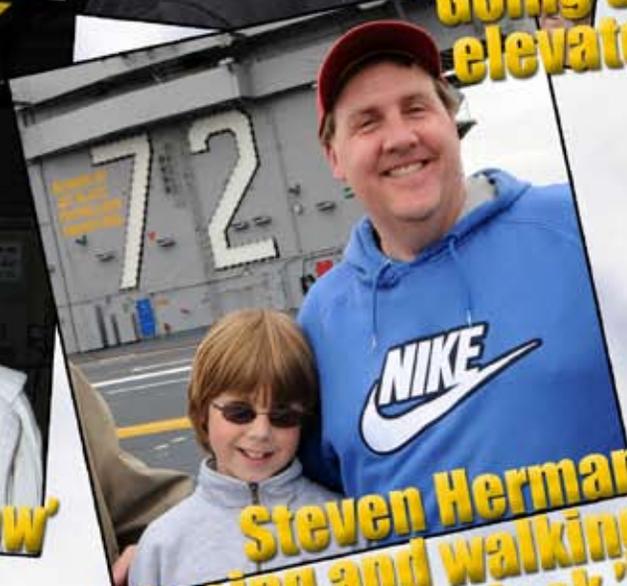
Mark Bessey
"Trying on the firefighting equipment."



Michael Lundquist
"Going on the elevators."



Madison Doty
"All of the 'did you know' posters around the ship."



Steven Hermans
"Seeing and walking on the flight deck."



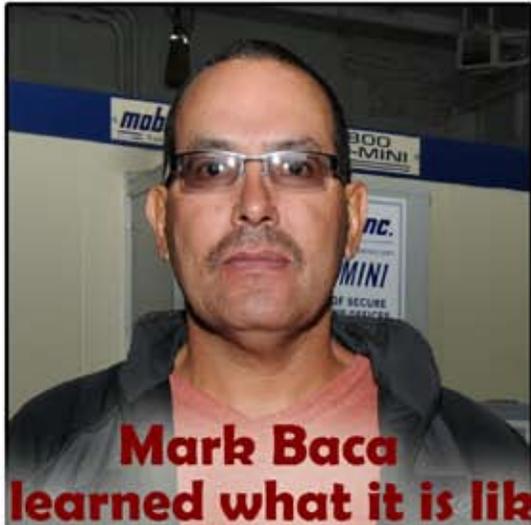
America, Arriving



On July 3, 2010 USS Abraham Lincoln (CVN 72) invited the public to cross the brow and tour the ship's hangar bay and flight deck. The tour attracted almost 6,000 people and served as a pre-deployment community relations event.

Photos and Layout by MCSA Jordon J. Murzyn

WHAT DID YOU LEARN DURING YOUR TOUR OF THE LINCOLN?



Mark Baca

"I learned what it is like to work on the ship."



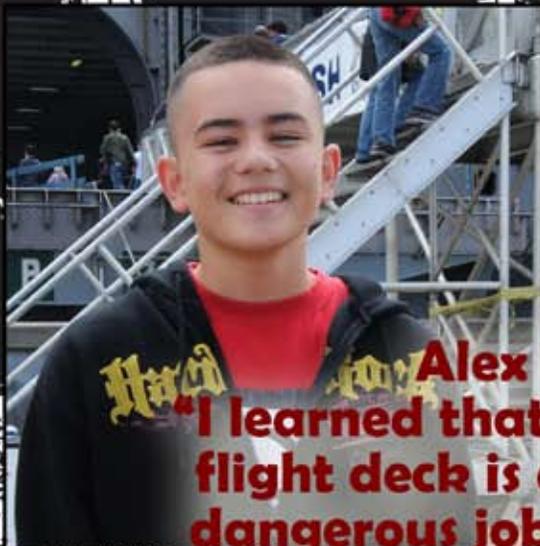
Will Sall

"I learned the ship's crew consumes 180 dozen eggs daily."



Frederick Lal

"I was surprised to learn how many people live and work on the ship."



Alex Ridola

"I learned that working on the flight deck is one of the most dangerous jobs in the world."



AROUND ABE

SHALL NOT PERISH
CVN 72



Counter-clockwise from top right:

Aviation Boatswain's Mate (Electrical) Airman Floyd Beamer (left), from Montrose, Pa., Aviation Boatswain's Mate (Electrical) Airman Sean Faireloth (right), from Lacygnes, Kan., and Aviation Boatswain's Mate (Electrical) Airman Craig McDonnell, from South Amboy, N.J., attach a deck plate from the flight deck of the Nimitz Class Carrier USS Abraham Lincoln (CVN 72) to the forklift in order to perform an annual maintenance check of the lube injectors on catapult three.

Logistics Specialist Seaman Isaiah James, from Santa Maria, Calif., operates the 6k forklift to stage old mattresses as Logistics Specialist 3rd Class Benjamin Johnson, from Omaha, Neb., acts as a ground guide in the hangar bay of the Nimitz Class Carrier USS Abraham Lincoln (CVN 72).

Sailors onboard the Nimitz Class Carrier USS Abraham Lincoln (CVN 72) arrange supplies in preparation for COMPTUEX.



Aviation Boatswain's Mate (Electrical) Airman Jeremy Baker (left), from San Diego, and Aviation Boatswain's Mate (Electrical) 3rd Class Joshua Post (right), from Arvada, Colo., assemble wire support for one of the arresting wires onboard the Nimitz Class Carrier USS Abraham Lincoln (CVN 72).

Fair winds and following seas...

Lt. Cmdr. Michael Ball



Lt. Cmdr. Michael Ball and his wife, Tenna Ball, cut a cake together during Ball's retirement ceremony aboard USS Abraham Lincoln (CVN 72), July 1.



USS Abraham Lincoln (CVN 72) Chief of Engineer Cmdr. Brad Bittle presents Lt. Cmdr. Michael Ball a cutlass during Ball's retirement ceremony in the ship's forecabin, July 1.



USS Abraham Lincoln (CVN 72) Executive Officer Capt. Timothy Kuehhas presents former Electrical Officer Lt. Cmdr. Michael Ball the Certificate of Meritorious Service during Ball's retirement ceremony in the ship's forecabin, July 1.

Photos by MC2 Luciano Marano

Top 10 benefits of going underway

10. Traveling the world
9. Extra pay
8. Saving money
7. Watching the Boat Show
6. Being in better shape
5. Time to catch up on some reading
4. No duty
3. Free movies
2. College courses onboard
1. Get to know your shipmates better

The best Mex in the Northwest

*Review by MC2 Luciano Marano
Penny Press Staff*

I haven't found a disappointing item on the menu at "Ay Chihuahua," and it hasn't been for lack of looking. Since the inconspicuous little bar/restaurant first opened only a few weeks ago in south Everett, I have been a frequent customer and though my search has been exhausting and time-consuming, I am prepared to report that anything you order there will be delicious. I do it all for you, dear readers.

The small Mexican-style eatery offers a variety of traditional south-of-the-border fare, all served with fresh chips and surprisingly potent salsa in a small-town café environment. Of course you'll find the usual tacos, burritos and quesadillas, but I recommend you experiment a little. Try the steak ranchero, it's my favorite. The house guacamole is the best I've ever tasted anywhere.

The staff is small but friendly, and you will quickly find yourself feeling at home.

"Ay Chihuahua" simply radiates with authenticity. More than just the simple, home-style food or the friendly staff, the establishment itself has the feeling of being new and exotic.

Like most bars, you'll find the television turned to a sports or news program. Unlike most bars, this TV is turned to the Spanish sports or news program. Do you have any idea how exciting it is to watch Mexican soccer in Spanish in a room full of fans? There's also a pool table, which is free to play and the restaurant caters to karaoke fans, en Espanola naturally on the weekends after 9 p.m.

Though not a place for the kids on the weekends during karaoke, the "Ay Chihuahua" is definitely a spot to check out for any fans of Mexican food, local eateries, or just a good time. Don't let the humble exterior fool you, this place is sure to become one of Everett's favorite dining options.

You can contact "Ay Chihuahua" at (425) 780-9679 for more information about their menu or you can try it out for yourself at 520 128th St. SW, located behind the McDonald's and next to the Albertson's.



Courtesy photo

Courtesy photo

"Ay Chihuahua," located in a strip mall on 128th St. in South Everett. **"Ay Chihuahua"** provides a variety of Mexican eatery and beverages in a comfortable, authentic environment.



Courtesy photo

"Ay Chihuahua" is known for their Tres Gorditas, stuffed with your choice of meat and vegetables.



SOMETIMES WE RUSH IN
AFTER THE STORM.

SOMETIMES
WE ARE THE STORM.



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