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Naval Station Everett holds first Women-At-Sea Symposium

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Get to know your shipmates...

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Photo and information by MC2 Brian Morales

ALSO INSIDE...

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Front page photo:

Capt. Carol Hottenrott Deputy Commander of Destroyer Squadron nine speaks of challenges she faced while being a woman in the Navy during a Women-At-Sea Symposium in Naval Station Everett's main auditorium, June 16. The event, sponsored by Commander Naval Surface Forces, featured discussions led by senior female leadership in the northwest region about Navy policies and how they impact women in the Navy. (Photo by MCSN Jerine Lee).

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CRYPTICON

HORROR CONVENTION 2010

"It was so cool, the back of my head is healing from where my mind was blown."

Something strange was happening in the basement of the Everett Holiday Inn last weekend. Zombies walked around, apparently oblivious to the walking buffet of fresh brains all around them. Jason Voorhees stood behind a table, not killing even one of the hundreds of teenagers that approached him. People I've personally witnessed Freddy Kreuger kill in movies sat signing autographs as if nothing had happen. Even Ghostbuster Winston Zedemore sat idly by while blood curdling screams radiated from a haunted mental asylum in the back of the room.

Was I dreaming? Had my fragile mind finally snapped? Not yet, I was at the third annual Crypticon, a three-day convention aimed at fans of everything in the horror genre. The convention caters to every aspect of the genre you could think of, and as a horror fan, I was in heaven.

When I first walked into the drab basement that housed the convention I felt like a kid at Disneyland, I didn't know where to go first. There were tons of vendors selling things like rare horror DVDs and comics and homemade artworks. Makeup artists even offered to make you look like the living dead. There was an extremely detailed mini haunted house made by a local company that prides themselves in terrifying their customers. These options seemed great, but they would have to wait. My first order of business was to meet some horror icons.

Crypticon offered a wide variety of celebrities to meet including Heather Langenkamp and Amanda Wyss from the original "Nightmare on Elm Street," Doug Jones who played Abe Sapien from "Hellboy" and even Margot Kidder, Lois Lane from the old Superman movies. These were some fantastic choices, but I craved nostalgia, I needed to meet a Ghostbuster, so I headed over to shake hands with Ernie Hudson (Winston).

Ernie seemed like a nice enough guy, but the highlight of the conversation had to be talking to him about the status of "Ghostbusters 3". He informed that is still very likely to

happen, they were just waiting on a script everyone could agree on.

Ernie and I said our goodbyes and I headed upstairs to check out some of the panels that were going on. I ended up sitting on a couple of pretty interesting ones. I checked out a fascinating panel put on by Party @ Display and Costume, one of Seattle's oldest party stores, about how to make yourself look like you've been through hell and back. Another panel featuring the editor-in-chief of Fangoria magazine, Chris Alexander, about the history of horror, which touched on everything from Thomas Edison's first version of "Frankenstein" in the 1800s to the current state of the genre.

After quick tour of the Black Lake Asylum mini-haunt and glad handing with a few of the other celebrities there, it was time for the moment I had been looking forward to all weekend, it was time to meet Kane Hodder, the man known best for playing Jason in four of the "Friday the 13th" movies. Although very large and intimidating, standing 6'4 and about 300 pounds of muscle, he ended up being one of coolest celebrities I've ever met. We talked for awhile about what projects he's got coming up in the future and our favorite kills from his movies. It was so cool, the back of my head is healing from where my mind was blown.

I left Crypticon in state of dizzying euphoria, like a kid on Christmas after he's done opening all the presents. I had done so much, yet I still craved more. So I'll look forward to next year, when I can only hope to have even more awesomeness bestowed upon me.



WOMEN-AT-SEA SYMPOSIUM

LEADERS DISCUSS ISSUES AND OPPORTUNITIES FOR WOMEN IN THE NAVY

Story by MCSN Jerine Lee

Approximately 100 Northwest region Sailors attended the Pacific Northwest Women-At-Sea Symposium, sponsored by Commander Naval Surface Forces (CNSF), June 16 in Naval Station Everett's main auditorium.

Sailors from the USS Abraham Lincoln (CVN 72), USS Momsen (DDG 92) and USS Ingraham (FFG 61), listened to lectures and stories from female leadership about the history of women in the Navy and the future impact women will have in the Navy.

Guest speakers included Capt. Carol

Hottenrott, deputy commander of Destroyer Squadron 9, Lt. Cmdr. Jean Marie Sullivan, deputy director of The Office of Women's Policies, U.S. 3rd Fleet Command Master Chief (CMDCM) JoAnn Ortloff and Master Chief Logistics Specialist Patty Romano, the logistics specialist lead detailer, who spoke of challenges faced in the fleet and offered advice on how to maximize Sailors' careers.

"There are a lot of great opportunities out there. It is important to get information on current policies to our Sailors," said Hottenrott, a Poughkeepsie, N.Y., native. "The symposium provides education, exchange of ideas and facts, advice, and personal stories between senior and junior Sailors."

Leadership discussed Navy policies and

regulations many junior Sailors might not have heard before and how being a woman can affect them differently.

"Everything we mentioned was gender-neutral but there are many tangents to the Navy that impact women differently," said Ortloff. "We try to touch on those unique tangents so we can answer any questions."

The event supplied contact information and outlined different programs available for women in the Navy and how they can be used to improve their quality of life. One of the newest and most successful programs is the Navy's Womens' E-Mentor Leadership Program. There is also a Facebook group for female Sailors to connect and discuss issues

unique to women in the Navy.

This is the first Women-At-Sea Symposium held in the northwest region. CNAF plans to continue the event yearly to send a positive message to all women in the military.

"I hope this symposium continues to develop our youngest Sailors who come behind us; that they continue to be strong mentors and rate-specialists, to share their success with other junior Sailors," said Ortloff. "Today, women are savvy, smart, versatile and eclectic. We make up 15 percent of the Navy and serve beside our Navy brothers with pride."

For more information on the Navy's Women E-Mentor Leadership program, visit www.npc.navy.mil/AboutUs/BUPERS/WomensPolicy.



FROM LEFT: LT. CMDR. JEAN MARIE SULLIVAN, DEPUTY DIRECTOR OF THE OFFICE OF WOMEN'S POLICIES, MASTER CHIEF LOGISTICS SPECIALIST PATTY ROMANO, THE LOGISTICS SPECIALIST LEAD DETAILER AND U.S. 3RD FLEET MASTER CHIEF JOANN ORLOFF SPOKE OF CHALLENGES FACED IN THE FLEET AND OFFERED ADVICE ON HOW TO MAXIMIZE SAILORS' CAREERS DURING THE WOMEN-AT-SEA SYMPOSIUM IN NAVAL STATION EVERETT'S MAIN AUDITORIUM, JUNE 16.

Photos and layout by MCSN Jerine Lee

Relief Society Helps Sailors Families Budget for Baby

*Story by MC3 Michelle Rhonehouse
Special to Penny Press*

The transition into parenthood can be a stressful time for all pay grades and spouses alike, especially if not prepared financially. The Navy Marine Corp Relief Society (NMCRS) holds Budgeting for Baby classes designed to educate new or prospective parents about the impact a new baby can have on the financial situation of a family.

"The information provided in this class is beneficial for everyone, from the most senior officers to the lowest ranking junior enlisted," said Barry White, director of the San Diego NMCRS office. "The expenses are significant regardless. Any financial planner would tell you that the more information you can gather, the better prepared you will be to meet your expectations."

"We provide information on what a baby realistically costs and what different products are out there on the market. These range from diapers and formula to car seats and

strollers," said White. "We also explain the different programs in the area, such as the Women, Infants, and Children program, Armed Services YMCA and the Fleet and Family Support Centers that are out there to assist the families."

Layette bags are given after the two-hour course to those who attend. The bag consists of items such as baby one pieces, sheets for the crib and a handmade gift from a society volunteer.

"Baby items are expensive. The layette bag provides a nice starting place for the parents and it helps save them the expense of having to purchase some first time baby items," said White. "It is essentially a starter kit for the baby."

Registration for these classes is offered at all NMCRS locations. To register in the local Budget for Baby program please call 910-449-0930. Classes are given every second Tuesday every month.

For more information on the Budgeting for Baby program, visit www.nmcrs.org.

Photo of the day: "Stay Navy!"



Photo by MC3 Robert Robbins

Culinary Specialist 3rd Class Michael C. Murray takes the enlisted oath, administered by Senior Chief Culinary Specialist Phillip A. San Nicolas, June 19 in the wardroom lounge. Pizza, ice cream and refreshments followed the ceremony in the lounge, with the company of Murray's fellow sea warriors.

Top 10

Navy jargon we hate to hear
in off-duty conversation

10. "Belay my last"
(never mind)

9. "Carry on"
(go ahead)

8. "Shipmate" (friend)

7. "Liberty"
(free time)

6. "PT" (work out)

5. "Good to go" (ready)

4. "aye" (ok)

3. "Muster" (meet up)

2. "Say again?" (what?)

1. "Roger that" (I get it)

Kitsap Base Breaking Ground for Child Development Center

*Story by MC2 Scott Dagendesh
Navy Public Affairs Support Northwest*

Naval Base Kitsap (NBK) Bremerton hosted a groundbreaking ceremony signifying the beginning of construction for a Child Development Center (CDC), June 17.

The CDC will accommodate 64 children and 13 staff and include one infant room, two pre-toddler rooms, one toddler room, a kitchen and training office space for staff and also three age-appropriate structured play areas.

Guest speakers included NBK Commanding

Officer Capt. Mark Olson, Naval Facilities Engineering Command Northwest Executive Officer Cmdr. Glenn Schephard, President of Advanced Technology Construction Tony Sieger, and Puget Sound Naval Shipyard Intermediate Maintenance Facility Commander Capt. Mark Whitney.

More than 50 service members and Department of Defense employees attended the ceremony.

“I wanted to thank all of those who had a hand in putting this together and making it happen in record time,” said Olson. “I applaud you for your efforts, your vision, tenacity and your effectiveness.”

According to Sieger, the CDC project allows his crew to give back to the men and women who serve and defend their country.

“We are honored to be able to assist them in the improvement of their family’s lives... to create a safe and pleasant environment for their children to function in and enjoy. As our military are away from home and serving in other parts of the world, I’m certain that it is comforting for them to know their children are being protected,” said Sieger.

The construction delivery date is scheduled for Dec. 16.



U.S. Navy photo by MC2 Scott Dagendesh

Capt. Mark Olson, commanding officer of Naval Base Kitsap; Cmdr. Glenn Schephard, executive officer of Naval Facilities Engineering Command, Northwest; Tony Sieger, president of Advanced Technology Construction; and Capt. Mark Whitney, commander of Puget Sound Naval Shipyard Intermediate Maintenance Facility, break ground with five children for the Bremerton Child Development Center at Naval Base Kitsap.



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