

Penny's PIRATES

Lincoln Hero says Training Counts

Pg. 5

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Get to know your shipmates...

MMFN Jarod Jackson

Dept/Div: ENG/A-Div

Hometown:

Visalia, Calif.

Age: 22

Hobbies:

Participating in a car club.

Favorite musician:

"Throwdown"

Plans after the Navy:

"I plan on opening a business with my buddy, FN Stagmier."

Quote:

"If you got hate in your heart, let it out."



Photo and information by MCSN Jerine Lee

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ALSO INSIDE...

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Lincoln gets a visit for Sexual Assault Awareness Month pg. 10

Front page photo:

Aviation Boatswain's Mate (Equipment) Airman Stephanie Lopez, a Wahougal, Wash. native, poses in USS Abraham Lincoln's (CVN 72) catapult-3 launch valves space where she recently stopped a fire. (Photo by MCSN Jerine Lee).



“Kick-Ass,” is a silly comedy with many laughs but has a nice kick with off-the-wall fight scenes. Originally a comic, it is beyond what I expected from what I’d seen in previews. “Kick-Ass” is a new, hilarious twist to the heroes genre released through the media.

Dave Lizewski (Aaron Johnson) is a normal high school student with no extravagant talent, sense of humor or hand-eye coordination. He has no ambition or goals, but enjoys reading comic books. After reading so much about superheroes with extraordinary talent, Lizewski wonders why he can’t be a superhero himself. Dressed in a horrible green and yellow wet suit, Lizewski dons it and proudly walks around the streets to fight crime. After

getting into a brawl with three other men, his fight was recorded and shown all over the media, jump-starting his fame as a hero.

Lizewski then meets other local superheroes, a spunky, foul-mouthed girl who calls herself “Hit Girl” (Chloe Grace Moretz) with skills in martial arts and weapons that are way beyond her age, and her father, “Big Daddy” (Nicholas Cage). Big Daddy and Hit Girl are on a mission to take down a man who set up Big Daddy and his entire company.

Lizewski’s horrible lack of coordination and courage gives the movie many laughs. His awkward moments with women reminds me of, “Superbad.” Christopher Mintz-Plasse’s character, Red Mist resembles

Mintz-Plasse’s previous character, Fogell, so much, it is hilarious.

The best parts of the movie are the fight scenes. I didn’t think a comedy could bring so much action at the same time, especially a 11 year-old girl. Hit Girl’s feisty, fearless attitude and ability to literally kick ass was most entertaining throughout the movie. The combination between the humor and the action left me leaving the theater cheery and pumped.

I expected the movie to be corny and overrated but I was proved wrong. “Kick-Ass” is worth watching. The ending has a sweet message everyone can relate to if you have a childhood dream, it is never too late to go for it.

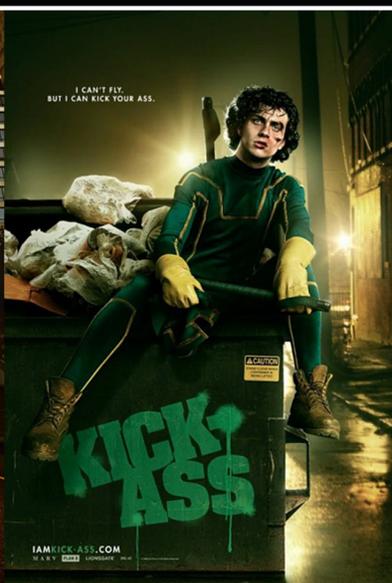




Photo by MCSN Jerine Lee

ABEAN Stephanie Lopez, of USS Abraham Lincoln's (CVN 72) Air Department, does a walk-through of the scene of a recent fire on one of the ship's four catapults during an interview with Lincoln's "The Boat Show."



"When somebody is trying to teach you something, listen, because they're not talking for their own good. They're talking for you. In the future, you're going to be put in a position where you're going to need to know what you're doing."

- ABEAN Stephanie Lopez, Washougal, Wash.

Lincoln Sailor saves day

-Story by MC2 Alan Gragg

USS Abraham Lincoln's Commanding Officer, Capt. John D. Alexander, awarded the Navy and Marine Corps Achievement Medal (NAM) to Aviation Boatswain's Mate (Equipment) Airman Stephanie Lopez, of Washougal, Wash., for her actions during a shipboard fire, April 24.

Lopez received the medal during a ceremony on the ship's bridge the next morning.

After presenting the award, Alexander commended Lopez over the 1-MC, informing her shipmates of her responsiveness during the incident. NAMs can be given for meritorious service or achievements based on sustained performance, or specific achievements of a superlative nature such as this.

At approximately 6:20 p.m., Lopez was on steam watch, making security rounds when she went into the Catapult-3 Launch Valves space and saw what she thought were flames in the barely-visible, dark corner of the space.

"I felt kind of scared," said Lopez. "At first, I wasn't actually sure if it was a fire or not. I thought maybe a light had burst open and that it was sparking, so that's why I got the guys to come from the lounge to verify that it was a fire."

Aviation Boatswain's Mate (Equipment) 3rd Class Corey Roudebush, of Waunakee, Wis., was one of the Sailors nearby who inspected the scene.

"I checked it out, and determined that there were flames in the corner," said Roudebush. "I stayed calm and posted a watch outside while she activated the steam-smothering and one of the other petty officers called maintenance control and informed the chain of command. We just stayed calm and did what we were trained to do."

Lopez ran around to where the steam-smother valve is located, and activated it, suffocating the fire. Her rapid response quickly diffused what could have been a

catastrophic fire. Lopez's actions earned her the second NAM she's received in her three-year Navy career.

"As far as getting a NAM, I'm appreciative," she said. "It was awesome to meet the commanding officer that way."

When asked if she felt like a hero, Lopez said she was just doing her job. "If I'm a hero, so is Petty Officer Roudebush. I'm not the only hero here."

Aviation Boatswain's Mate (Equipment) 3rd Class Caleb Durbin, of Ozark, Mo., was posted as the watch on-scene and claimed Lopez is a hero from his point of view.

"She did excellent," said Durbin. "She's my hero. I'm proud that after all the training we did, I know we can trust these guys."

Roudebush was also proud of Lopez's actions.

"I'm proud of her. I'm proud that she used her training and didn't panic," said Roudebush. "They just referred back to their training and handled it smoothly, and we got the problem solved without injuring anybody or damaging the equipment."

Lopez also thanked Roudebush and Durbin for the training they gave her when she learned how to stand steam watch in January. She said her actions were second-nature due to the proper procedures they've taught since she checked on board in July 2009.

"When somebody is trying to teach you something, listen, because they're not talking for their own good," Lopez said. "They're talking for you. In the future, you're going to be put in a position where you're going to need to know what you're doing."

Roudebush said the cause of the fire is being investigated by the ship's damage control team.

Lincoln is underway off the coast of Southern California conducting tailored ship training assessment in preparation for a deployment later this year.

Topsiders getting the job done



Photo by MC3 Lex Wenberg



Photo by MC3 Lex Wenberg



Photo by MC3 Lex Wenberg

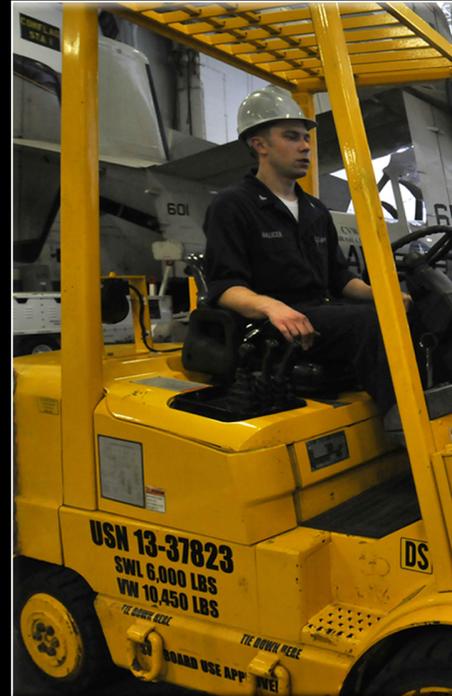




Photo by MCSN Jerine Lee

Aircraft Carrier USS Abraham Lincoln and Carrier Air Wing TWO (CVW-2) squadrons are currently operating off the coast of Southern California conducting a Tailored Ships Training Assessment (TSTA), a 25-day training exercise designed to prepare a ship for prompt and sustained combat operations at sea.

From top left to right:

A Sailor taxis an aircraft up to the catapult shuttle for launching off the flight deck of USS Abraham Lincoln (CVN 72), April 28.

Aviation Boatswain's Mate (Equipment) Airman Cameron Robinson, a Modesto, Calif. native, gets in position to wrap up the waist catapults in preparation for aircraft landings after a series of aircraft launches from USS Abraham Lincoln (CVN 72).

An Early Warning Squadron (VAW) 116 Sailor checks the air pressure of an E-2C Hawkeye tire in USS Abraham Lincoln's (CVN 72) hangar bay, April 22.

Aviation Boatswain's Mate (Equipment) 3rd Class Jesus Garcia, an Uvalde, Texas native, guides a jet into the catapult shuttle on the flight deck of USS Abraham Lincoln (CVN 72).

Aviation Support Equipment Technician 3rd Class Chris Malicek, a Pasadena, Calif. native, moves pallets of equipment in preparation for an acceptance inspection aboard USS Abraham Lincoln (CVN 72).

Aviation Boatswain's Mate (Equipment) Airman Michael Jones removes a catapult slot seal in preparation for an aircraft launch on the flight deck of USS Abraham Lincoln (CVN 72).

Layout by MC2 Barry Riley



Photo by MC3 Lex Wenberg



Photo by MC3 Lex Wenberg

HERE COME THE VAW-116 SUN KINGS

STORY BY MCSN STEPHEN D DOYLE II

Airborne Early Warning Squadron (VAW) 116 “Sun Kings,” part of Carrier Air Wing TWO (CVW-2) and the USS Abraham Lincoln (CVN 72) Strike Group, got underway April 17 to integrate the squadron with Lincoln’s crew.

The Sun Kings are a Command and Control Squadron that fly E-2C Hawkeyes. Their mission is to support the fleet with air radar coverage for the fighter squadrons.

The E-2 Hawkeye is the Navy’s all-weather, carrier-based tactical battle management airborne early warning, command and control aircraft. The E-2 is a twin engine, five crewmember, high-wing turboprop aircraft with a 24-foot diameter radar rotodome attached to the upper fuselage.

“We are an airborne early warning platform system. We’re out here supporting the fighters and working with them and the Airborne Intercept Controllers (AIC),” said Lt. j.g. Michael Moss, a native of Longwood, Fla. assigned to the Sun Kings. “We provide a global view out there with the radar.”

Lincoln is currently underway for its Tailored Ship’s Training Assessment (TSTA) and Final Evaluation Problem (FEP) along the coast of Southern California. Sailors aboard the Lincoln are executing training evolutions daily, which include both carrier qualifications and cyclic flight operations.

TSTA is designed to prepare the ship and its crew for full integration into a carrier strike group. One major element of TSTA is for the air wing to practice out at sea. “Our goal is to reintegrate with the ship, to work out all the kinks and

practice for the upcoming deployment,” said Moss.

The Sun Kings maintain a rigorous daily training schedule in order to keep the pilots mission ready. “We’ve got nine pilots currently, so they’re all rotating. They’re flying four times a day, logging about five traps a day. Each mission is about two or three hours, so we’re logging about 12 hours a day,” said Moss.

Pilots in the squadron depend on the aircraft to perform the missions without any problems. An integral part of the Sun Kings continuing to be full mission ready, is the support and maintenance crew.

Daily flight operations make regular maintenance critical to the Sun Kings flight program. “It takes a lot to maintain the birds,” said Moss.

The whole point of our maintenance is to keep the airplane ready to go,” said Aviation Mechanic Airman Mathew Carbonel, a native of Phoenix, and an air framer with the Sun Kings.

Moss said, “We’ve got an awesome maintenance crew that keeps them running, we always have them up in the air when we need them.”

“It’s our job to have a mission capable aircraft for the pilot at all times. When they step into that airplane it’s ready to go,” said Carbonel.

An integral component of the Carrier Strike Group NINE Air Wing, the E-2C uses computerized radar, Identification Friend or Foe and electronic surveillance sensors to provide early warning threat analysis against potentially hostile air and surface targets.



(Photo courtesy of USS Abraham Lincoln Media Department)

OMBUDSMAN celebrates 40 years

*Story by Darren Harrison, Naval District
Washington Public Affairs
Special to the Penny Press*

Whether assisting families moving to a new area, or providing support during a deployment, Navy spouses have been volunteering for almost four decades through the Navy's Ombudsman Program.

"When families respond to the challenges of deployments, natural disasters or family emergencies, ombudsmen are there to provide guidance and to help them regain a sense of normalcy. They help families find the answers to their questions, promoting their resiliency and self reliance," said Master Chief Petty Officer of the Navy(MCPON)(SS/SW) Rick D. West

The Ombudsman Program was introduced to the U.S. Navy on Sept. 14, 1970, by then-Chief of Naval Operations (CNO) Adm. Elmo Zumwalt.

There are presently more than 4,000 ombudsmen worldwide.

The Ombudsman Program is a command-based program with each commanding officer tailoring the program to meet the needs of the families. The commanding officer officially appoints an ombudsman who then undergoes 25 hours of basic initial training.

Following their initial training each ombudsman is then required to do six, three-hour advanced training sessions a year on topics such as child abuse prevention and sexual assault intervention.

Additionally, ombudsmen are expected to attend monthly assembly meetings where ombudsmen are provided current information on programs or referrals that can benefit families and training.

Services provided by the Ombudsman Program are designed to steer families in the right direction so that issues can be resolved.

"Information and referral is a big part of what the ombudsman does, really trying to create this resilient family that can be self-sustaining and not rely on others," said Rock.

For the majority of issues ombudsman are bound by confidentiality and cannot discuss information disclosed to them.

"Confidentiality is perhaps the biggest thing I have to stress with my ombudsman because once you break confidentiality your credibility to your command and your command families is gone," said Ombudsman Program Manager for Naval District Washington (NDW) Sharleen Riddle.

"It is important to recognize ombudsmen because they are the direct line between the command and the command families," Riddle said. "A lot of times they deal with issues that are very personal and very emotional and they have to help those family members at that time of need and yet still be able to maintain their own professionalism and care for their own families."

"Each ombudsman spends about 800 hours a year through volunteering which calculates out to an equated savings of about \$15,000 per ombudsman," said Riddle.

"Having an ombudsman allows the service member to focus on their job while they are away because they know their families are being taken care of," said Riddle.

To contact Lincoln's Ombudsman Program, you can call (425) 501-6557 or email cvn72ombudsman@hotmail.com.



Photo by MC3 Kat Corona

From left: Lincoln Ombudsmen; Becca Rhine, Stephanie Pulver, Eileen Marcus, Regina Forbes and Commanding Officer, Capt. John D. Alexander pose for a photo on board USS Abraham Lincoln (CVN 72).

Lincoln recognizes Sexual Assault Awareness Month

Story by USS Abraham Lincoln, public affairs

Sailors aboard USS Abraham Lincoln (CVN 72) recognized April as Sexual Assault Awareness Month with a special guest from the California Coalition Against Sexual Assault (CALCASA), April 25.

Robert Coombs, director of public affairs for CALCASA, part of an underway distinguished visitor trip aboard Lincoln, has worked with hundreds of Navy and military sexual assault awareness leaders and complimented the military for leading the way in sexual assault prevention and response.

"I've never seen this level of support from leadership, all the way from the top down," said Coombs.

While aboard Lincoln he met with the ship's Sexual Assault Prevention and Response (SAPR) team and talked about the importance of the program to the crew and other guests.

"The work that these folks do is some of the most important and innovative I've seen," said Coombs. "It's important for me to see the environment they work in and where they fall in the ship's culture. A lot of the work I do with policy makers is identifying those things within the culture that will sustain or impede these programs."

Lincoln's SAPR Coordinator, Chief Information Systems Technician Jess Eisele, spoke to the group about the ship's dedication to its crew. He talked about the ship's awareness efforts, unrestricted and restricted reporting guidelines, and confidentiality considerations.

"Restricted reporting allows active duty victims, on a confidential basis, to receive medical treatment and counseling without

becoming involved in an investigation," said Eisele. "It also gives victims control over their personal information."

The Navy's SAPR program offers prevention education, victim intervention services, and comprehensive victim advocate training. The Navy was the first service to have a dedicated, funded program for sexual assault. Established in 1994, the Navy Sexual Assault Victim Intervention program, which is now the SAPR program, offered a standardized, consistent, victim-sensitive system to prevent and respond to sexual assault Navywide.

"I'm most proud of the work being done in the Navy," said Coombs. "I think it's really important to be able to find the folks that have the characteristics that are necessary to do crisis advocacy work, and to be able to fit that into what happens on a ship on a day-to-day basis."

The goals of the Navy's SAPR program are to promote sensitive, coordinated, and effective management of sexual assault cases; reduce the incidence of sexual assault in the Navy through awareness and prevention education; and standardize reporting of sexual assaults. With these goals in mind, the Navy's program was created with three components: awareness and prevention education, victim advocacy and intervention, and collection of reliable data on sexual assault.

"The bottom line is that sexual assault is a criminal act that is absolutely incompatible with the Navy's core values, high standards of professionalism, and personal discipline," said Eisele.

For more news from USS Abraham Lincoln, visit www.navy.mil/local/cvn72/.

Top 10 ways to know you are a "Salty Sailor"

10. You start your morning reciting the Sailor's Creed

9. You iron military creases in all of your civilian clothes.

8. You shave multiple times during the day.

7. You use Navy acronyms during off-duty hours.

6. You compulsively sort your trash at home.

5. You tell your kids, "Taps, taps, lights out" before they go to bed.

4. You say "Aye, aye," a lot.

3. You stencil your name on your skivvies.

2. You make your kids stay off the blue tile.

1. You wear shower shoes in your bathroom at home.

The Facebook logo is displayed in white, lowercase letters with a blue shadow effect, set against a dark blue background that features a stylized image of the USS Abraham Lincoln.

Visit USS Abraham Lincoln's (CVN 72) fanpage on facebook to get up-to-date information on the ship's status and check out new photos

www.facebook.com/usslincoln

Davis commemorates ship's namesake

*Story by USS Rodney M. Davis,
Public Affairs
Special to the Penny Press*

USS Rodney M. Davis (FFG 60) held a ceremony April 7 to commemorate the birthday of her namesake, Marine Sgt. Rodney Maxwell Davis.

The ship, commissioned in 1987, was named in honor of Davis who was posthumously awarded the Medal of Honor for his heroism during the Vietnam War.

The ship's chief petty officers presented Davis' uniform and awards to the command during the ceremony. The memorabilia will be displayed on the mess decks. The chiefs chose Davis' birthday to honor both his life and his achievements.

Chief Cryptologic Technician Technical David Gwinner, Chief Gas Turbine Systems Technician Electrical Kurt Williams, and Chief Sonar Technician Robert Foss presented

the display.

Harold McConnell, commandant of the Marine Corps League, Sgt. Rodney M. Davis Detachment, donated the centerpiece of the display, Davis' Service A uniform. The chiefs also put together a display of his Medal of Honor citation, medals, and pictures -- including a photo of his name on the Vietnam Memorial Wall in Washington and photos of the ship's commissioning.

"All crew members should have knowledge of the legacy of their ship's namesake," Williams said. "It's the best way to remember those who have made the ultimate sacrifice."

Davis was assigned as a platoon guide with Bravo Company, 1st Battalion, 5th Marines in 1967. He was operating with his unit in the Quang Nam Province of Vietnam on a search and clear mission when they were attacked by a large North Vietnamese force. Elements of the platoon were pinned down in a trench line by mortars, heavy automatic

and small arms fire. Davis went from man to man encouraging them and returning fire at the same time. An enemy hand grenade fell in the trenches where his men were fighting and without hesitation he threw himself upon the grenade. He saved his fellow Marines in this selfless act and thus earned the nation's highest military decoration.

The Rodney M. Davis incorporates the valorous example of Davis into her mission statement: "To honor our nation & our Navy. We will honor those Navy Sailors who have gone before us, and we will honor the memory of our ship's namesake Sgt. Rodney M. Davis, USMC, for his gallant heroics that saved his Marines."

Rodney M. Davis is deployed under the operational control of U.S. Naval Forces Southern Command (NAVSO) as part of a Joint/Inter-Agency Task force conducting counter-narcotics trafficking operations in the Caribbean and Eastern Pacific.

In the Spotlight: "Safety first"



Photo by MC3 Lex T. Wenberg

From left: Aviation Boatswain's Mate (Equipment) (ABE) Airman Christian Betancourt, ABE3 Bradley Exantus and ABEAN Melvin Peters II give the safe signal to lift the "bubble" from the flight deck of USS Abraham Lincoln (CVN 72). "Shooters" control plane launches from the "bubble."



*Carrier Strike Group NINE ...
Are you ready world?*