

Penny PRESS

**Lincoln keeps
it *green***

Pg. 3

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Get to know your shipmates...

IS2 William Ladham

Dept/Div: Reactor/RM

Hometown:

Longview, Wash.

Age: 23

If you could go anywhere in the world, where would you go?

Moscow, Russia.

Favorite movie character:

William Wallace from "Braveheart"

What would your last meal be?

"Cheese enchilada with refried beans and mexican rice."



Photo and information by MCSN Jeremiah Mills

ALSO INSIDE...

A day in the life of a CTT pg. 5

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Front page photo:

Electrician's Mate 3rd Class Shane McClellan, of Victorville, Calif., waits for the next cycle of the trash shredder/incinerator in trash room four aboard USS Abraham Lincoln (CVN 72), April 22. (Photo by MC3 Lex Wenberg).

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Top 10 ways to become famous

10. Go on a reality tv show

9. Set a world record

8. Write a hit song about a tragedy

7. Marry a celebrity

6. Post a crazy video on YouTube

5. Invent something

4. Turn into the next 'barefoot bandit'

3. Save a life

2. Make a facebook fanpage and get as many fans as possible

1. Be on the Boatshow!

Environmental professionals spend Earth Day board Lincoln

*By Lt. Greg D. Raelson
Penny Press Staff*

USS Abraham Lincoln (CVN 72) hosted 10 guests from various environmental agencies April 21 to share a day-in-the-life at sea and discuss the future of environmental protection and the Navy mission.

The visitors arrived on board the ship via a C-2 Greyhound aircraft and were greeted by the ship's commanding officer, air wing commander and command master chief before being whisked away to a full day of tours, discussion forums, a personal briefing with Carrier Strike Group 9 Commander, Rear Adm. Mark Guadagnini and interaction with the ship's company.

During the visitors' stay, the ship not only demonstrated its capabilities as one of the mightiest warships on the seas, but also showed how far the Navy has come with their environmental programs.

One stop on the tour was the ship's trash compactor and waste disposal room, where ship's company removes recyclables from wet and dry trash.

"Our Sailors work very hard to ensure that all paper and plastics are separated and that no hazardous material is discharged overboard," said Lt. Bernardino Rodriguez, Lincoln's industrial hygiene officer and assistant safety officer. "We are able to compact 30 large plastic bags into one pizza-pie sized disc. These discs are maintained on board until we can properly recycle them in port."

Additional highlights of the tour included a briefing on the Navy's Protective Measures Assessment Protocol, marine mammal protective measures and appropriate hazardous material disposal.

The visitors left the ship on Earth Day, April 22, and will return to their hometowns to share their recent experiences aboard the ship.

USS Abraham Lincoln is currently underway off the coast of southern California conducting tailored ship training assessments in preparation for a deployment later in 2010.

For more news from USS Abraham Lincoln (CVN 72), visit www.navy.mil/local/cvn72/.



Photo by MC3 Lex Wenberg

Sandy Vissman (left), San Clemente Island's U.S. Fish and Wildlife Service coordinator and Don Mullen, San Diego City Council chief of staff, inspect a compacted plastic "puck" held by Machinist's Mate Fireman Clayton Stagnier, a Sweet Home, Ore. native aboard USS Abraham Lincoln (CVN 72). The Navy is celebrating the 40th anniversary of Earth Day with the theme 'Partnering for a Greener Future' to emphasize the Navy's interagency and private sector partnerships that are developing large scale energy and environmental initiatives.

TYLER PERRY'S

WHY DID I GET MARRIED TOO?

JANET JACKSON JILL SCOTT AND TYLER PERRY

Review by MC2 Barry Riley

If you have ever seen any of Tyler Perry's movies, you probably walk into the situation already knowing what to expect... a lot of unrealistic drama and plot twists that would probably not play out in real life as they do on the big screen.

Nevertheless, I chose to go see "Why Did I Get Married Too" after being half-way pleased by the first movie, which I bought while home on leave because I saw it starred Janet Jackson.

Other than Perry and R&B singer Jill Scott, the movie featured a cast of quasi-famous actors who in the early to mid 90's would have made up an all star cast such as Malik Yoba of "New York Undercover," Richard T. Jones, Michael Jai White of "Spawn," Cicely Tyson and Tasha Smith.

The storyline for both movies is basically the same. Four couples go on an annual retreat and spend a few days analyzing their marriages, find out some things they didn't know about each other fight and make up.

Janet Jackson's character Patricia is a psychologist and published author, who ironically writes books about marriage but has a pretty secretive marriage life with Gavin (Malik Yoba) up until after the retreat, where the couple reveals their plan to split.

Angela (Tasha Smith) and Marcus (Michael Jai White) have this love-hate relationship fueled by trust issues from his past compounded with some baby-mama drama. They are pretty much the comic relief in the film, but they weren't as prevalent as they were in the first movie.

This story had an interesting twist in it though because unlike the first movie where the group traveled to a log cabin in the Colorado Mountains and got snowed in, this time they made



their way to the Bahamas to enjoy a few days in paradise when their vacation is interrupted by Sheila's ex-husband Mike (Richard T. Jones) from the first movie. This created a sense of uneasiness in the house as the tension built between him and Sheila's present husband Troy, played by Lamman Rucker.

There were many more twists to the story, but I wouldn't want to spoil the movie.

Other than the fact that the cast worked well together, I didn't really care too much for this one after the climax of the film because it gave me a made-for-TV feel. It was like a season of your favorite soap opera jam packed

into an hour and a half.

I would recommend this movie to Tyler Perry fans, but if you don't particularly care for his movies, you really won't enjoy this one.

Regardless of what the advertisements say about this movie, it's a far cry from a comedy. There was actually a group of women sitting behind me that cried their eyes out for the better part of the movie.

It's definitely one of those movies you watch once, get the moral behind the story and move on with your life. I'd give this movie a four out of 10, especially in comparison to the first movie.



A Day in the Life of a Cryptologic Technician

Story and photos by MCSN Jerine Lee
Penny Press Staff

“This is emission control!” Set EMCON condition bravo throughout the ship!”

Cryptologic Technician (Technical) 2nd Class Sarah Mitchell, a Des Moines, Iowa native announces the drill through the IMC after asking permission to do so from the Tactical Action Officer (TAO).

I started my day in a small shop called the Electronic Warfare Module (EW MOD). Blue lights were lit to set a tactical environment, and computer screens surrounded me in all directions. I felt like I was in a movie; everything seemed cinematic as if I was in a Navy commercial. There were multiple Cryptologic Technicians (Technical) (CTT) running around in the little space, yelling numbers, acronyms and numerous other jargon that made my head spin. EMCON drill? What’s EMCON? Does it concern me? My questions were answered by watching Mitchell and her colleagues’ expressions and quick, sure movements. I knew everything they had to say was imperative to the ship and it concerns everyone on board Lincoln.

"We are tricking and deceiving possible enemies to make them think we are not a threat. Our main mission is to keep our ship safe."

~CTT2 Sarah Mitchell

The EW MOD consists of systems capable of protecting the ship from missiles using electronic warfare. The EW MOD is one of many branches of the ship's intelligence department, where all different groups focus on certain points like air, undersea warfare and surface warfare contacts. Together, these branches work to feed information to the TAO, who I learned has special authority from the commanding officer to make decisions to fire weapons.

The EMCON drill is when certain levels of electronic emissions such as radars are lowered or stopped to protect the ship from enemy detection. "This drill is more than just going through the motions and doing the usual steps," said Mitchell. "We need to know why we are doing things-it's that important."

The CTTs used two different equipment systems. The SLQ-32 (pronounced "slick-32") is similar to a radar detector and picks up emitters of surrounding ships using radio frequencies. The Advanced Combat Data System (ACDS) is used to coordinate directional bearing with findings on the SLQ-32. CTTs in the EW MOD rotate the two systems into watches throughout the day.

"This watch is extremely important to the ship," said Mitchell. "We have to be constantly alert because any findings to our system can tell us about a possible threat."

Through the SLQ-32 and ACDS, the systems interact with each other to identify potential missile threats and pinpoint their location before they target Lincoln. Then, The CTTs use this data to defeat the missile through various methods before it strikes the ship.

"We are tricking and deceiving possible enemies to make them think we are not a threat," said Mitchell. "Our main mission is to keep our ship safe."

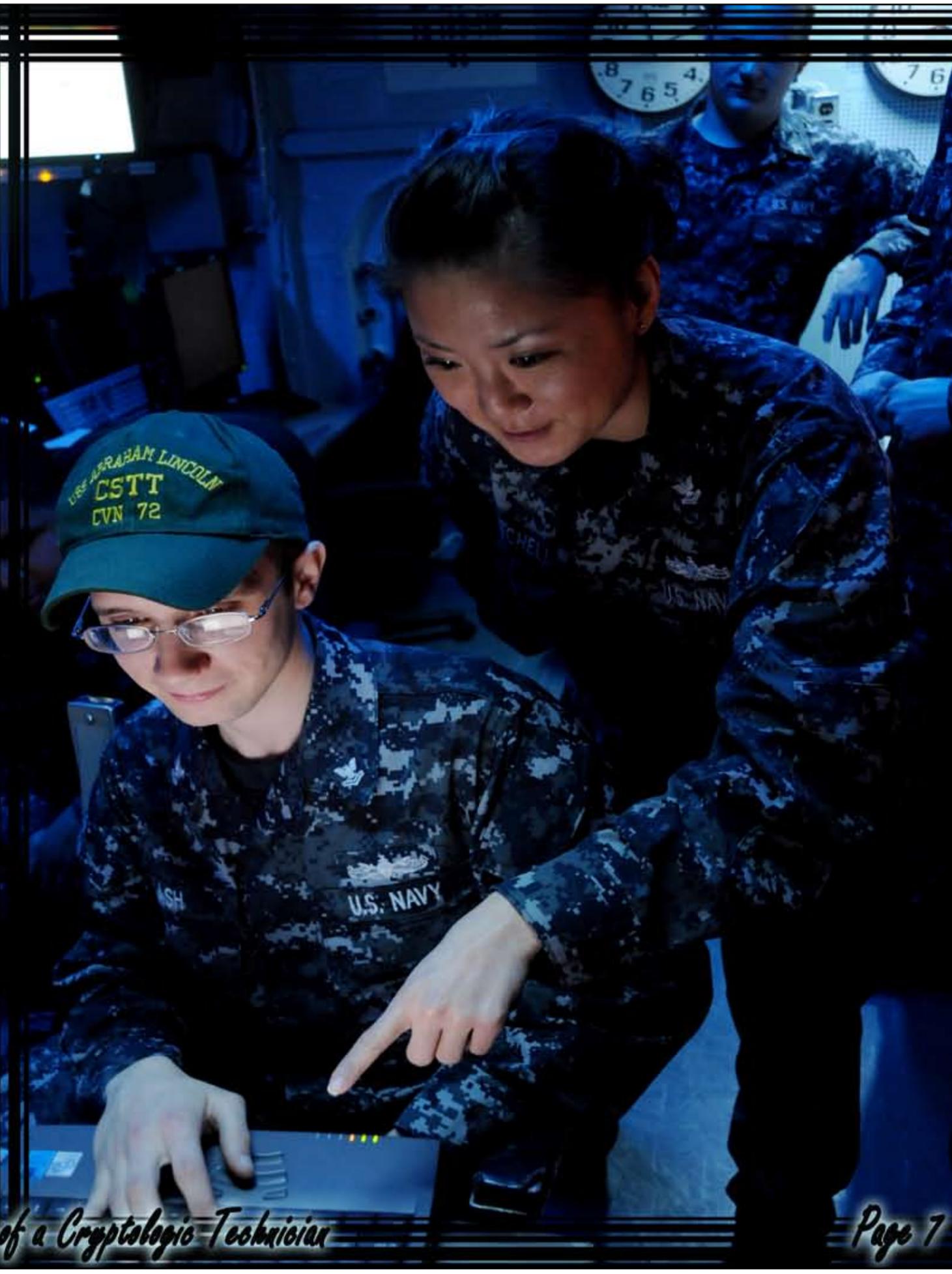
Besides the serious and vigilant life as a CTT, I enjoyed my time in the EW MOD. Mitchell and I had a lot in common and she kept me entertained throughout the day. She is fun-loving and free-spirited outside of her work. While explaining the drills and the importance of her work, she did so in a way that made sense to me. But when the drill was on and she had to announce it on the IMC, she turned into a strong, passionate woman who knew the importance of her work and clearly cared about the ship. We hit it off and even after the drill and while explaining her role in the ship I had a blast! I respect her work ethic and her ability to turn her work switch off and still have fun.

"It can get pretty stressful somedays, especially since we only have 15 CTs on board," said Mitchell. "But we definitely let the little things make us happy to keep us going because we have to keep in mind that everyone on board depends on us to keep them safe, but for that to happen, us CTTs also have to depend on each other."

The camaraderie in the shop between the CTs and the leadership was very strong. There was no separation in the EW MOD because everyone learned from each other. The CTTs and Mitchell were constantly asking each other questions, trying to find answers together, and giving each other feedback in different ideas. I always assumed CTTs were so smart that they just automatically knew everything, but they were constantly training and feeding each other information.

Front photo: Cryptologic Technician (Technical) 2nd Class Sarah Mitchell reviews the screen of an Advanced Combat Data System on board USS Abraham Lincoln (CVN 72) for any electronic readings of surroundings ships that maybe a possible threat.

Right: Cryptologic Technician (Technical) 2nd Class Sarah Mitchell asks Fire Controlman 2nd Class Daniel Ash, a member of the combat systems training team, questions regarding the Advanced Combat Data System on board USS Abraham Lincoln (CVN 72).



“We have very good leaders that take their jobs seriously,” said Mitchell. “They taught me to keep my head in the game and I respect them for that.”

Later in the afternoon, Mitchell showed me the cooling unit and antennas on the 08 level of the ship. The cooling unit supplies coolant to the SLQ-32 so the antennas that read radar do not overheat.

“We are pretty versatile; we do more than sit in front of a screen,” said Mitchell. “We are responsible for all the equipment we use so we also get dirty doing maintenance, cleaning and repairing.”

It was nice to learn CTTs are more than brains, they are also brawn. Being a CTT is not a job for everyone. It requires a proactive attitude and strong work ethic. I took their work for granted but now I know their responsibilities and cannot thank them enough for their diligence, perseverance and service to Lincoln.

“This is far from a walk in the park sort of job because you need to constantly be alert, but I’m grateful to have this opportunity,” said Mitchell. “The pressures and demands needed in this job are definitely tools to support a successful career in the future whether it continues in the Navy or not.”

Below: Cryptologic Technician (Technical) 2nd Class Sarah Mitchell moves a lever of a cooling unit on board USS Abraham Lincoln (CVN 72). The cooling unit supplies coolant to the SLQ-32 so the antennas that read radar do not overheat.



*“This is far from a walk in the park sort of job...
but I am grateful to have this opportunity.”*
~CTT2 Sarah Mitchell

Lincoln Exclusive:

With Command Master Chief Susan Whitman

We here at the Penny Press staff recently caught up with Abe Lincoln's new Command Master Chief Susan Whitman to ask her a few questions about what's on her mind for the future and her expectations of the ship and crew.

1. Tell us a little bit about your Navy background.

I am a Yeoman by trade since I first joined the Navy. This is my first tour as a command master chief on board a carrier, but I have been stationed onboard carriers before. So coming to the Lincoln, I know the lay of the land. I knew that taking care of Sailors was my mission in the Navy when I went to Recruit Training Command, Great Lakes, Ill. as a senior chief. There I pushed two all male divisions and an integrated division.

2. What would you say is the most exciting thing about coming to the Lincoln?

I think the most exciting thing is being able to positively affect Sailors lives while bringing the ship's company, Carrier Strike Group NINE and Carrier Air Wing TWO together as one team. I like to call it "Team 972."

3. Being one of only four women to ever serve in your position as a CMC on a carrier, how does that make you feel?

I would say it's very humbling just being a Command Master Chief in the first place. It's really an honor and a privilege.

4. How would you describe your leadership style?

As your CMC, I will strive to be a leader, a mentor, motivator, manager, disciplinarian, administrator and for some, a mother figure.

5. What do you want to bring to the Lincoln?

I want to bring motivation, energy and leadership to the crew.

6. You've been on board for a few months now... what can you say so far of the Lincoln?

My biggest thing is that I want the ship to be successful. If we all stick to the Captain's ideals; ship, crew and family readiness, we will be setting a perfect guideline for success.

7. What are your expectations of the crew while you are here?

My expectation of the crew is to help each other to be successful. Pay it forward, if you advance in a paygrade, it's your responsibility to bring your people up to where you are.

8. Do you have any advice to offer Sailors?

If you have any questions, my door is always open. Don't hesitate to stop by and see me or stop me in the p-way.

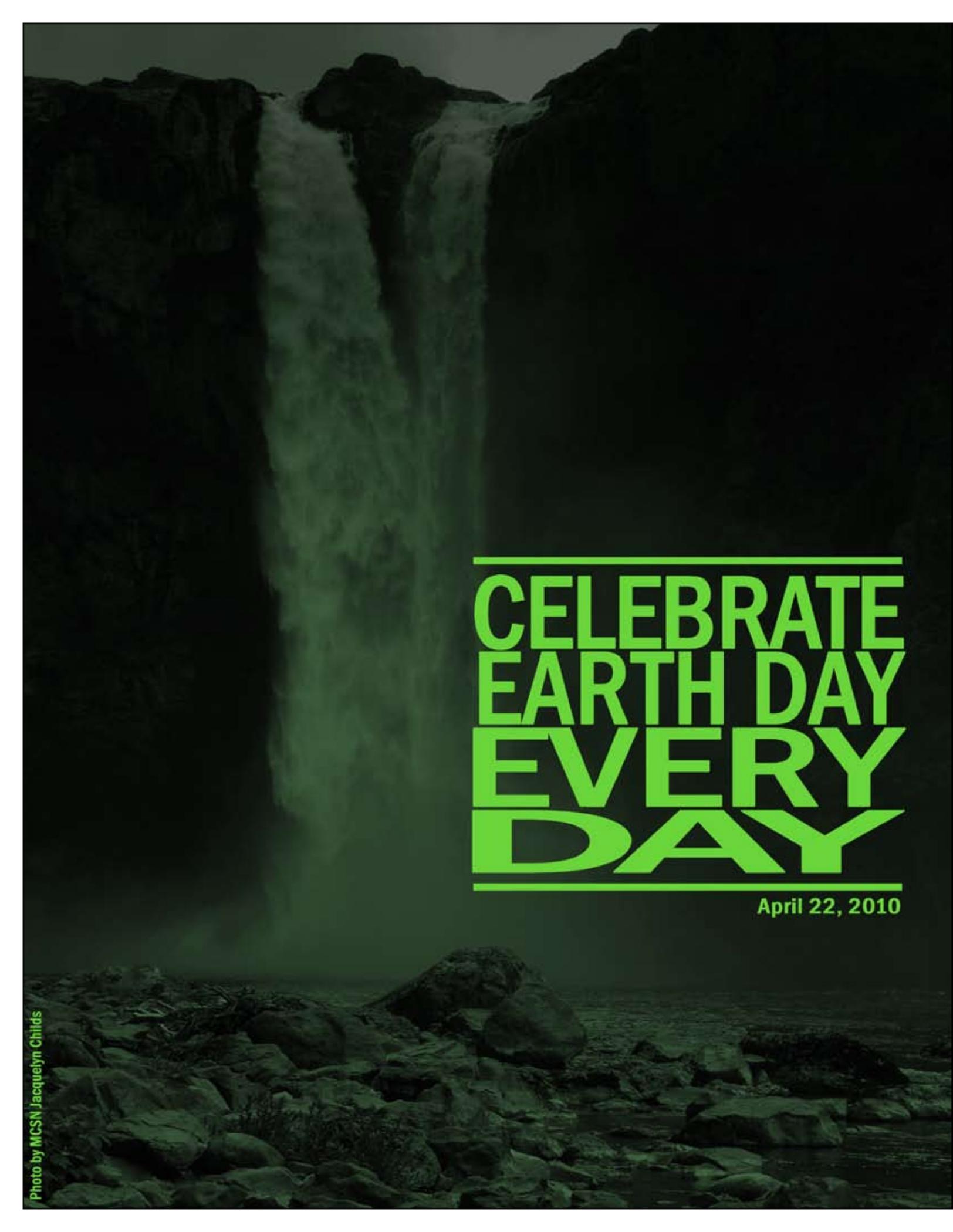


Distinguished Visitors come aboard Lincoln



USS Abraham Lincoln (CVN 72) welcomed board more than a dozen distinguished visitors to the fleet's finest warship. Over 24 hours, guests see flight operations, bridge watches and the full spectrum of shipboard life.

*Photos and layout by:
USS Abraham Lincoln media department*



**CELEBRATE
EARTH DAY
EVERY
DAY**

April 22, 2010