



A rate is born: PC + SK = Logistics Specialist

STORY AND PHOTO BY
MCSA JERINE LEE
Penny Press Staff

The USS Abraham Lincoln (CVN 72) celebrated the Postal Clerk (PC), Storekeeper (SK) merger to Logistics Specialist (LS) with a team building ceremony, Oct. 1.

SKs maintain the ship's supply stores. Their responsibilities include purchasing, shipping and receiving, and issuing of equipment, tools, consumable items or anything else purchased through the Naval Supply System. PCs are in charge of all postal services on the ship, including sending mail, collecting postage-due mail, preparing declarations and outgoing mail, and cancelling stamps. They also maintain a variety of record keeping and reporting duties. The merger brought both rates in the supply division as one to diversify their skills.

Logistics Specialist Senior Chief Emmanuel S. Consulta, Leading Chief Petty Officer of Receiving/Shipping, began the ceremony with a few words about the significance of the new merger.

"This merger is a win-win situation for the Navy," said Consulta. "We are combining both PC and SK skill sets and abilities to help Sailors learn a different trade. Also, because of this merger, more opportunities in future billets are available. LS's are now able to go on any ship in the Navy."

Both rates benefit from the merger.

PCs will learn a broader skill set and increase their advancement opportunity. SKs will also benefit with a greater diversity in sea and shore assignments. Among more than 11,000 Sailors changing their designation to LS, Sailors from their legacy rates were upbeat about the merger.

"It's exciting to be able to learn the PC

Sailors for the merger and advancement. The first LS advancement exam will be administered Jan. 2010, with the majority of the exam's content covering conventional storekeeper knowledge, with 10% on postal training.

"We took a course on the basics of the SK fundamentals, such as the supply community and manual ordering techniques for receipt and dispatch of parts and supplies," said Logistics Specialist 2nd Class Shanon S. Victor. "We also did some on-the-job training in preparation for the merger."

To end the ceremony, the oldest LS Sailor, Master Chief Logistics Specialist John D. Lowery, the department's Supply Leading Chief Petty Officer, and the youngest, Logistics Specialist Seaman Apprentice Henry Huang, from the Aviation Support Department, cut the cake together.

"It was cool to be an active part of the ceremony," said Huang. "The merger is part of the Navy's history, and I was involved in that."

"This merger is the first step in our effort to shape the enlisted workforce to support the Navy in the 21st century," said Rear Adm. Michael J. Lyden, Navy's Chief of

Supply Corps. "Our work processes in the future will require a more broadly trained Sailor who can provide a unique skill set to our Navy warfighters. By combining these two ratings, we will lay the groundwork for future readiness and greatly enhance the career opportunity for all Sailors in the LS rating."



Logistics Specialist Seaman Apprentice Henry Huang and Master Chief Logistics Specialist John Lowery team cut a cake commemorating the creation of the LS rate.

side of the house," said Logistics Specialist 1st Class Paul T. Harper, from the ship's material department, and a legacy SK. "This will make us more diverse for jobs in the outside world."

Legacy PC and SK Sailors underwent a five-day PC/SK crash course at Naval Base Kitsap-Bremerton to prepare the

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USS Ingraham Sailors assist in relief efforts. ...pg 4



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Room G-20

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360 315-2538

ncobangor@navy.mil



Know Your Shipmates



Photo and information gathered by MCSA Jerine Lee

ABHAN
Reshawn L. Orr
Air/V-1

Hometown:
Jacksonville, Fla.

Quote:
"You always miss 100% of the shots you don't make."

Hobbies:
Basketball, swimming, PS3

FACEBOOK

Visit USS Abraham Lincoln's fan page to get up-to-date information on the ship's status, and check out new photos.

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Local Stories

High-ranking officials visit, tour USS Momsen

STORY AND PHOTOS BY
MCSN JAMES CELLINI
Penny Press Staff

After transiting to Vancouver, British Columbia USS Momsen (DDG 92) hosted a reception for a group of distinguished visitors on Saturday, 27 September to show the unfading relationship between the two nations.

The reception consisted of over 80 guests, including high-ranking officials from the US Navy, US Coast Guard, Canadian Navy, and the US Consulate General to Canada.

"I think it's important to highlight the relationships, not just between the people of the US and Canada, but their governments as well," said US Consulate General Phillip Chicola. "People sometimes tend to take the relationship between these two countries for granted," Chicola added.

After the reception, formal tours of the ship's spaces were given for the guests as another way to welcome and demonstrate the two countries ties. The tours included

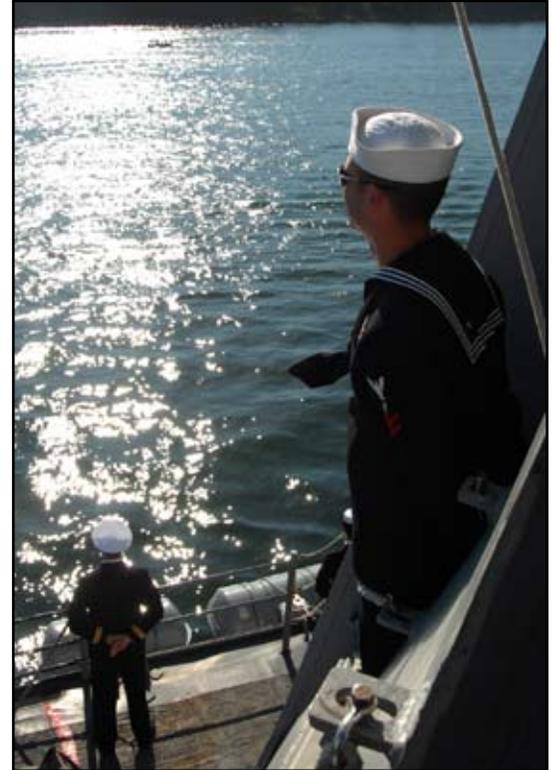
visits to the bridge, combat information center, and the enlisted mess decks. The Consulate said that he was very impressed by the ship and its crew as a whole.

"What's there not to love," asked Chicola. "The crew of this ship obviously keeps this ship up and running as one of the best warships in the fleet!"

The last US warship to make Vancouver a port visit was the USS Preble (DDG 88) in March 2006, according to Command Master Chief Mark A. Swab, Momsen's Command Master Chief.

"Vancouver is arguably the best port visit location on either coast of our two nations and it is amazing!" said Swab. "As was the case two decades ago when I last visited this rich and diverse city. It is definitely a port visit that should be scheduled quarterly for other Sailors to enjoy."

See pg. 6 for more photos



Yeoman Second Class Jimmy Nichols mans the rails on board USS Momsen while leaving Vancouver, B.C. The Momen's visit to Vancouver was the first by a US warship since March 2006.



United States Consulate General Phillip Chicola gives a speech during a reception held on the flight deck of USS Momsen September 26th. The reception was held to highlight the long-standing relationship between the US and Canada.



Quartermaster Third Class Nicole Stoskopf lays out the track from Vancouver to Everett on board Momsen.

Around the Navy

Ingraham crew proud to assist citizens of Samoa

By ENSIGN TODD B. CHEN,
USS INGRAHAM PUBLIC AFFAIRS
Special to the Penny Press

USS Ingraham (FFG 61), scheduled to visit Pago Pago, American Samoa on a routine port call, was diverted Wednesday 30 Sep to assist in rescue and humanitarian support operations in American Samoa.

In response to Federal Emergency Management Agency (FEMA) requests, the Oliver Hazard Perry-class frigate INGRAHAM arrived in scene Wednesday at approximately 3pm local time.

Ingraham, homeported in Everett, Wash., is supporting FEMA's efforts in American Samoa with its embarked helicopters, allowing Governor Tulafono and FEMA's Federal Coordinating Officer Kenneth J. Tingman to survey damage while also conducting a search and rescue mission. Sailors from Ingraham also provided medical assistance and cleared debris ashore.

"Our Sailors are extremely motivated for this mission and we are assisting in number of different ways," said Commander Matt Ovios, Ingraham's Commanding Officer. "The helicopter is providing invaluable aerial reconnaissance for the FEMA and DoD team while our Corpsmen are assisting with medical treatment. In addition, we have almost everyone else involved in working parties in the village of Pago Pago clearing debris."



A Sailor assigned to the guided-missile frigate USS Ingraham (FFG 61) carts away rubble and debris during disaster recovery efforts in Pago Pago, American Samoa. The region was struck by an earthquake and tsunami.

Over the past week, Pacific Air Forces C-17 aircraft have flown four missions, providing transport for approximately 100 Hawaii National Guard, FEMA personnel, and a variety of cargo, including vehicles, communications equipment, cots, blankets, and food in support of the Federal Emergency Management Agency (FEMA).

The role of U.S. military forces during any humanitarian assistance/disaster response is to rapidly respond with critically needed supplies and support to help mitigate human suffering and prevent fur-

ther loss of life. As is typical in international relief operations, U.S. military efforts are in support of the U.S. State Department and U.S. Agency for International Development (USAID) Office of Foreign Disaster Assistance. U.S. Pacific Command will continue to work closely with the Indonesian government, the U.S. Embassy and International Relief Organizations of Indonesia on humanitarian assistance operations at the request and invitation of the Indonesian government.

An 8.3 magnitude earthquake struck 120 miles south of American Samoa Tuesday afternoon, generating 15-foot waves in some of the territories' islands that wiped out entire villages. At least 100 people are reported dead in Samoa, more than 20 in American Samoa, and at least six in neighboring Tonga.

The U.S. military has a history of working with international relief organizations and host nations to reach those affected by natural disasters. U.S. forces are postured to rapidly deploy around the globe in response to crises across the military spectrum from natural disasters to conflict. According



Around the Navy

to Chief of Naval Operations Adm. Gary Roughead, "As we operate globally, we are delivering on the Maritime Strategy that we set forth about two years ago. And I am proud to say it is not just a glossy booklet. But if you look at where the Navy is today, what we are doing today, we are performing those six capabilities that we set forth in our strategy, and that we remain a global, forward-deployed Navy."

USS Ingraham was commissioned in 1989, has a crew of 30 Officers and 182 Enlisted. Joint Task Force Homeland Defense (JTF-HD), based in Hawaii, is leading U.S. military support to FEMA in American Samoa. American Samoa is the only U.S. possession in the southern hemisphere. It is slightly larger than Washington, D.C., covering 76.2 square miles, and has about 57,000 citizens.



Sailors from the USS Ingraham (FFG 61) help clean up debris during relief efforts in Pago Pago, American Samoa. The region was recently struck by an earthquake and tsunami.

DOD expands Homeowners Assistance Program

FROM THE DEPARTMENT OF DEFENSE
Special to the Penny Press

The Department of Defense (DoD) announced Sept. 30 details for the temporary expansion of the Homeowners Assistance Program (HAP).

Using \$555 million in funds from the American Recovery and Reinvestment Act (ARRA), this program is designed to partially reimburse eligible military personnel, surviving spouses, and federal civilian employees whose service to the nation has required them to relocate and sell their primary residence at a loss.

Potential eligible personnel include:

- Active and former service members of the Army, Navy, Marine Corps, Air Force, and Coast Guard;
- Civilian employees of the DoD, Coast Guard, and non-appropriated fund activities; and
- Surviving spouses of both fallen service members and civilian employees.

Potential eligible personnel who have sold a primary home for a loss or are considering selling their home are encouraged to visit the DoD HAP Web site <http://hap.usace.army.mil> to check specific program criteria, and if eligi-

ble, apply online.

The DoD HAP has been providing financial assistance to military personnel and DoD civilians since 1966.

Supporting military families is one of administration's highest priorities and includes leadership and engagement by Michelle Obama and Jill Biden. In February 2009, the Congress provided ARRA funding for a temporary expansion of the HAP to address unique economic pressures faced by military personnel who are forced to relocate during these unusually adverse housing market conditions. After conducting an extensive analysis to determine how best to prioritize the finite funds available while maximizing assistance to as many people as possible, the DoD developed specific eligibility criteria designed to take care of people in the greatest need. These program details have been published in the Federal Register and are now available for public comment.

ARRA funding allows the DoD to temporarily expand HAP to partially reimburse losses from the sale of a primary residence in the following priority order:

1. Homeowners wounded, injured, or

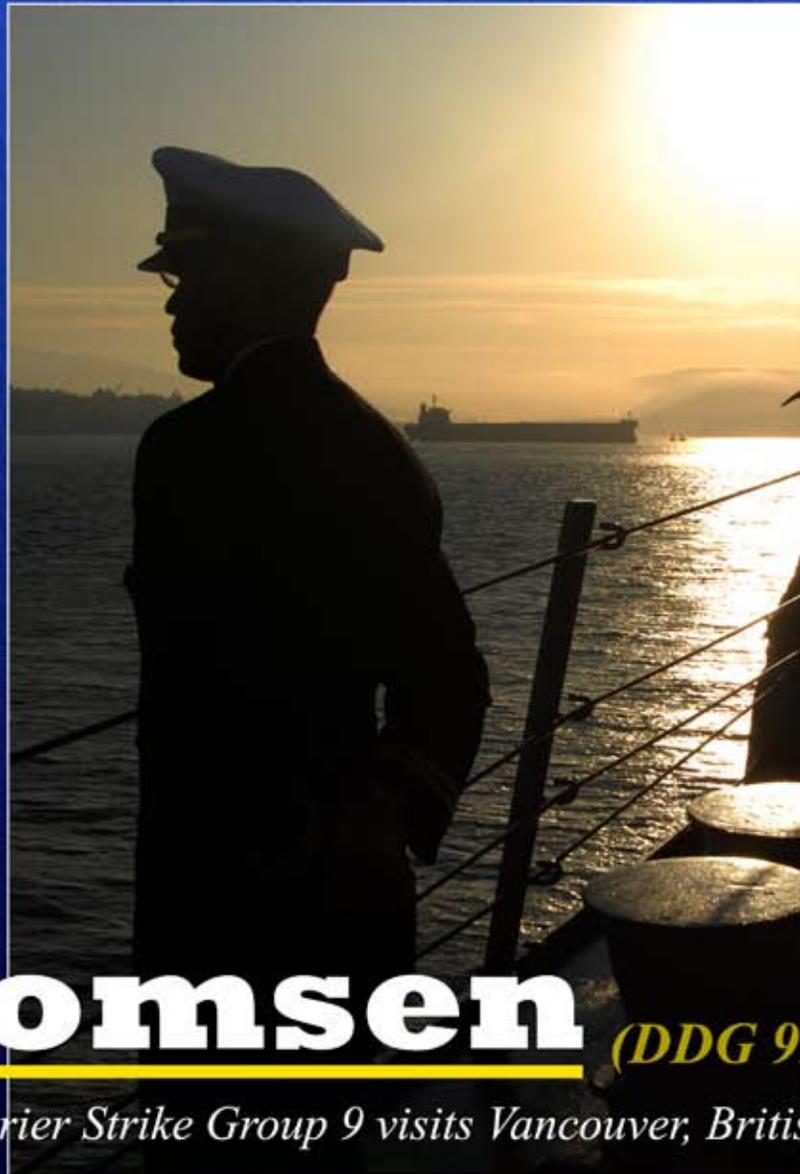
ill in the line of duty while deployed since Sept. 11, 2001, and relocating in furtherance of medical treatment;

2. Surviving spouse homeowners relocating within two years after the death of their spouse;

3. Homeowners affected by the 2005 BRAC round, without the need (which existed under previous law) to prove that a base closure announcement caused a local housing market decline; and

4. Service member homeowners receiving orders dated on or after Feb. 1, 2006, through Dec. 31, 2009, for a permanent change of station (PCS) move. The orders must specify a report-not-later-than date on or before Feb. 28, 2010, to a new duty station or homeport outside a 50-mile radius of the service member's former duty station. These dates may be extended to Sept. 30, 2012, based on availability of funds.

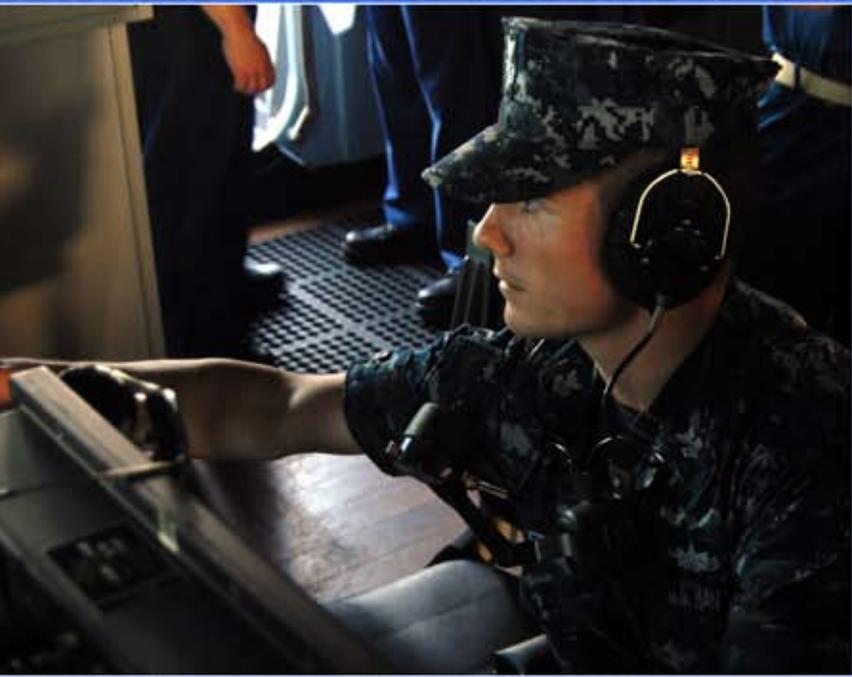
Each of these general categories has more specific eligibility requirements which have been updated at the DoD HAP Web site (<http://hap.usace.army.mil>). The U.S. Army Corps of Engineers executes the program for all the military branches and HAP administrators will immediately start processing applications.



USS Momsen

(DDG 98)

Our fellow ship from Carrier Strike Group 9 visits Vancouver, British Columbia



2)
sh Columbia

Around the Navy

MCPON stresses heritage in birthday message

FROM THE MASTER CHIEF PETTY OFFICER OF THE NAVY
Special to the Penny Press

In recognition of the Navy's 234th birthday on October 13th, Master Chief Petty Officer of the Navy, (MCPON) Rick D. West released the following message to the fleet:

"Very recently I had the honor of visiting Mrs. Ima Black. For those of you who don't know, she is the widow of our first Master Chief Petty Officer of the Navy, Del Black.

In honor of our 234th birthday as a service, I'd like to tell you a little bit about this amazing lady because she represents so much that is right about our Navy and her life so closely parallels our history.

Ima's eighty-eight-years old, an honorary master chief, a proud chief petty officer's wife and an amazing supporter of the American Sailor. From the minute we sat down to lunch she asked about you, about our men and women at sea and about the Sailors serving in Iraq, Afghanistan and other dangerous places around the world.

I told her that I'd never seen so many men and women in uniform with so much passion to serve, so much enthusiasm to represent our nation. We talked about today's Navy and she told me some stories about the Navy she joined in 1943.

Mrs. Black lives in a retired community down in Florida, in a small apartment overlooking a little lake. She's surrounded by friends and is quick to point out that every once in a while a few Sailors drop by to see how she's doing. Her apartment is a tribute



Master Chief Petty Officer of the Navy (MCPON) Rick West and Ima Black, widow of the Navy's first MCPON, Master Chief Gunner's Mate Del Black, look through old photos of Black during their visit.

to our first MCPON. Pictures, uniform items, anchors...all mementos from Del Black's amazing career. But if you look closely, you'll see that it's much more. It's a living history of our Navy.

There are pictures of a young Seaman

Zumwalt, the Chief of Naval Operations from 1970 to 1974. Look closely at another and you'll see him at his most comfortable, surrounded by Sailors on the mess decks of a ship.

He took care of Sailors at a time when our Navy had no idea what or who a MCPON was. He went where the fight was, to Vietnam. And he went where the fleet was, to our ships at sea.

On our 234th birthday, I ask that you remember MCPON Black and you consider that there are thousands of men and women just like his wife Ima who keep our Navy's history alive. Seek them out.

Talk with them and your lives will be richer for it.

Happy birthday shipmates. You are part of a legacy that grows stronger each day due to your effort, your initiative and your willingness to serve.

"HOOYAH Navy."

On our 234th birthday, I ask that you remember MCPON Black and you consider that there are thousands of men and women just like his wife Ima who keep our Navy's history alive.

-Master Chief Petty Officer of the Navy Rick D. West

Del Black when he was aboard USS Maryland in Pearl Harbor, just before the fleet was attacked December 7th, 1941. Photo albums hold letters written from several more ships over the course of his career. One picture shows MCPON Black, Ima and Admiral Elmo

Happy 234th Birthday Navy!

"You are part of a legacy that grows stronger each day due to your effort, your initiative and your willingness to serve. HOOYAH Navy."

-Master Chief Petty Officer of the Navy, Rick D. West

Two Navy ball locations to choose from:

East Sound Navy Ball 2009

Presented by



&



Friday, October 16, 2009

Tulip Resort & Casino Ballrooms

Cocktail & Social Hour 6 pm

Dinner begins promptly at 7 pm

E1 to E6/GS1 to GS6: \$35

E7 to O4/GS7 to GS9: \$50

O5 to O8/GS11+: \$65



www.eastsoundnavyball.com



* Package includes: Entree Choice, Wine Goblet, Commorative Coin, 1 Photo (per couple), Dessert, Coffee and Tea.

MENU

NW Washington Salad
Field greens with artichoke hearts, tomatoes, black olives, cucumbers and shrimp spirals with mustard dijon dressing.

The Arlington
Pecit filet mignon with bing cherry

demi glaze, grilled breast of chicken with Walla Walla sweet onion pomery, champagne cream sauce, roasted red potatoes, seasonal vegetable medley.

Wild Mushroom Ravioli
Vegetarian option
Wild mushroom stuffed ravioli in marsala cream sauce garnished with julienne vegetables.

Assortment of freshly baked rolls

Chocolate Mousse Cake
with Hazelnut crunch and praline sauce

Ceremonial Cake

Freshly Brewed Kicker Coffee

An Assortment of Teas

Salute to Naval Heroes
The pleasure of your company is requested to celebrate the



234th Navy Birthday Ball
Hosted by Naval Base Kitsap

October 9, 2009

Bangor Plaza Ballroom
Naval Base Kitsap Bangor

Cocktails 6 pm

Ceremonial Events 6:40 pm

Dinner 7 pm

Dinner choice of Chicken Saltimbocca, Roasted Prime Rib or Vegetarian Cannelloni

Military Dress: Service Dress Blues or better. Civilian Dress: Semi-formal attire.

Music Provided by Gordon Sound
Professional Photographer available

Tickets available through October 6 at:

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Ticket Cost per person:

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\$30:	E5-6, GS5
\$45:	E7-03, GS6-12
\$55:	O1-10, GS13 and above
\$35	Retired and Civilians

All Active Duty, Retirees, DoD and Navy League members are invited.

Recreational Reader



BOO BOWL

Where? Olympic Lanes

When? Oct. 31

6:30-8:30 pm

Only \$10 for
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Other surprises...



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2009 October

Naval Base Kitsap Fleet & Family Readiness Program

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 NFL Sunday Football	12 Columbus Day Bowling Special	13 Effective Communication	14 What Everyone Should Know About Deployment Warrior's Workshop FRG: Starting or Recharging Your FRG Damage Control for Relationships: Fighting Fair Getting Ready for Homecoming	15	16 Basic Budgeting	17 NCAA Game Day Twilight Tour
18 NFL Sunday Football	19 Racquetball Fall Classic Federal Resumes	20 Racquetball Fall Classic Time Management Anger Management	21 Racquetball Fall Classic Damage Control for Relationships: Intimacy 101	22 Racquetball Fall Classic Smooth Move IA Family Event: Fall Festival	23 Racquetball Fall Classic SAC Parent's Night Out Become and Entrepreneur: How to Successfully Start Your Own Business	24 NCAA Game Day Wenatchee Wine Tour

2009 October

Naval Station Everett Fleet & Family Readiness Program

For more information
www.navylifepnw.com
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12 Vibes Monday Night Football	13 Art Adventures Positive Parenting Poker Tournament	14 Movie Night at Pierside	15 Start Smart Football Pasta Lunch Special Fire Safety Advanced Ombudsman Training - School Liaison Officer Training Saving & Investing/ Retirement Planning Wii Bowling Tournament	16 Free Family Swim Night Pumpkin Pie Baking	17 Saturday Mountain Bike Ride 3-2-1 Bounce
18	19 Separation TAP Vibes Monday Night Football Command Pumpkin Carving Contest (October 19-29) Ombudsman Assembly Paintball Monday	20 Separation TAP Art Adventures Positive Parenting Smooth Move Pool Tournament	21 Separation TAP Stress Management Transition and Relocation Assistance Coordinating Committee (TRACC) Movie Night at Pierside	22 Separation TAP Money and the Move Resume Writing Interview Skills Bingo Night	23	24 Saturday Swim Lesson Session Begins Movie Marathon Discover SCUBA

Final Thoughts

Editor's Top 10

Top 10 embarrassing things everyone has done or will do.

10. Sing along with the radio when in the car alone.
9. Walk in to the wrong bathroom.
8. Forget to zip, button, buckle, or snap something when getting dressed or leaving the head.
7. Walk around all afternoon with leftovers from lunch stuck in your teeth.
6. Argue with someone and persistently insist you know something only to find out you were horribly wrong.
5. Forget the name of someone important when talking to them.
4. Doze off during a class or meeting just before someone calls upon you to answer a question.
3. Lock yourself out of your car with the engine on.
2. Fall and/or run into something when trying to impress someone.
1. Run out of stuff to say in the Editor's Top 10.



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo by MCSA Jerine Lee

Aviation Ordnanceman Airman Vincent King receives a certificate of Honorable Discharge from Ensign Michael Bautista during his re-enlistment ceremony.

The true cost of a DUI

- Minimum Fine: **\$390**
- Penalty Assesment: **\$666**
- State Restitution Fund: **\$100**
- Alcohol-Abuse Education Fund: **\$50**
- Blood or Breath-Testing Fee: **\$37**
- Jail Cite-and-Release Fee: **\$10**
- Driving/Alcohol-Awareness School: **\$375**
- License Reissue Fee: **\$100**
- Attorney Fees (average): **\$2,500**
- Auto Insurance Increase: **\$3,600 - \$6,600**
- Half Month's Pay for Two Months (E-3): **\$1859.70**
- Loss of Pay for One Year Once Reduced to E-2: **\$3492**
- Total: \$13,142.70 - \$16,146**

Is it worth it?